

## CURRICULUM VITAE

**Veronika Kobrinsky, M.A.**

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**EDUCATION**

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- 2024 – Present **University of Wisconsin-Madison**, Madison, WI  
 Ph.D. Student, Clinical Psychological Science  
 Implementation Science and Community Health Outcomes Certificate  
 Advisor: Brooke A. Ammerman, Ph.D.
- 2022 – 2024 **Teachers College, Columbia University**, New York City, NY  
 M.A., Clinical Psychology  
 Advisor: Karen L. Siedlecki, Ph.D.
- 2018 – 2022 **Fordham University**, New York City, NY  
 B.S., Psychology, *Summa Cum Laude*, Phi Beta Kappa  
 Advisors: Karen L. Siedlecki, Ph.D. & Selin Gülgöz, Ph.D.

**GRANTS & FELLOWSHIPS**

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- 2025 – 2026 **Training Program in Emotion Research, University of Wisconsin-Madison and National Institute of Mental Health (T32MH018931)**  
 Amount Awarded: \$28,200
- 2024 – 2025 **Graduate School Fellowship, University of Wisconsin-Madison**  
 Amount Awarded: \$26,500
- 2022 **Honor's Thesis Research Grant, Fordham University**  
 Amount Awarded: \$500
- 2021 – 2022 **Dean's Research Grant, Fordham University**  
*Mediators of the relationship between adverse childhood experiences (ACEs) and symptoms of anxiety, depression, and suicidality among adults*  
 Role: Principal Investigator  
 Amount Awarded: \$2,400

**AWARDS & HONORS**

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- 2025 **Graduate Peer Mentor Award**, University of Wisconsin-Madison
- 2025 **Hertz Travel Award (\$1,000)**, University of Wisconsin-Madison
- 2024 **Master's Thesis First Place Award (\$3,500)**, Teachers College, Columbia University
- 2022 **James C. Higgins Memorial Award for Distinction in Psychology**, Fordham University
- 2022 **Phi Beta Kappa**, Fordham University
- 2020 **Psi Chi**, The International Honor Society in Psychology

**PEER-REVIEWED PUBLICATIONS**


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[Google Scholar Profile](#)

Note: † = undergraduate/graduate mentees

6. Li, S.M., **Kobrinsky, V.**, Bi, K., & Chen, M.S. (2025). An initial exploration of mechanisms contributing to higher suicidal ideation in bisexual+ compared to lesbian/gay individuals. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000834>
5. **Kobrinsky, V.**, & Siedlecki, K.L. (2024). Specific emotion regulation difficulties mediating the associations between post-traumatic stress disorder symptoms and suicidal behaviors. *Current Psychology*, 43, 35833-35844. <https://doi.org/10.1007/s12144-024-07051-9>

4. **Kobrin sky, V.**, Aminoff, E.M., †Boros, M., Falzarano, F., Minahan Zucchetto, J., Yazdani, N., Sergio, J., Bloom, R.F., & Siedlecki, K.L. (2024). COVID-19 illness and cognitive functioning in a community-dwelling sample of adults. *Advances in Cognitive Psychology*, 20(1), 20-33. <https://doi.org/10.5709/acp-0412-7>
3. Siedlecki, K.L., **Kobrin sky, V.**, & Aminoff, E.M. (2024). Examining mediators of the relationship between subjective age and cognition. *GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry*, 37(4), 171-177. <https://doi.org/10.1024/1662-9647/a000334>
2. **Kobrin sky, V.**, & Siedlecki, K.L. (2023). Mediators of the relationship between adverse childhood experiences (ACEs) and symptoms of anxiety, depression, and suicidality among adults. *Journal of Child & Adolescent Trauma*, 16, 233-246. <https://doi.org/10.1007/s40653-022-00510-0>
1. Siedlecki, K.L., **Kobrin sky, V.**, & †Leqola, A. (2023). The temporal relationship between depressive symptoms and self-rated health across adulthood. *Aging & Mental Health*, 27(9), 1676- 1683. <https://doi.org/10.1080/13607863.2022.2116403>

## MANUSCRIPTS UNDER REVIEW

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Note: † = undergraduate/graduate mentees

3. **Kobrin sky, V.**, & Ammerman, B.A. (Under Review). Initial suicide-related disclosure characteristics, motivations, and outcomes based on sexual orientation. *Journal of Clinical Psychology*
2. Li, S.M., **Kobrin sky, V.**, Irani, K., & Liu, Q. (Under Review). Intersectional prevalence of suicidal thoughts and behaviors among U.S. youth. *Journal of the American Medical Association Pediatrics*
1. Li, S.M., **Kobrin sky, V.**, Irani, K., †Sangani, A., & Liu, Q. (Under Review). Neural correlates involved in behavioral metrics of emotion regulation and suicidal thoughts and behaviors. *Archives of Suicide Research*

## MANUSCRIPTS IN PROGRESS

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6. **Kobrin sky, V.**, Ammerman, B.A., & Muehlenkamp, J.J. (In Preparation). From urges to action: Weekly within-person fluctuations of nonsuicidal self-injury and implicit suicide risk
5. **Kobrin sky, V.**, & Ammerman, B.A. (In Preparation). Navigating suicide care options: How disclosure, stigma, and crisis treatment history shape digital intervention preferences
4. **Kobrin sky, V.**, Siedlecki, K.L., & Ammerman, B.A. (In Preparation). Applying latent profile analysis to classify heterogeneity in affective valence and arousal in individuals with suicidal ideation
3. **Kobrin sky, V.**, Jacobucci, R., & Ammerman, B.A. (In Preparation). Multimodal detection of proximal affective suicide risk markers
2. Xu, I., **Kobrin sky, V.**, Jacobucci, R., & Ammerman, B.A. (In Preparation). Feasibility and availability of passive smartphone data: Implications for passive sensing in suicide research
1. Bell, K.A., O'Brien, C., **Kobrin sky, V.**, McDaniel, M., & Ammerman, B.A. (In Preparation). Exploration of the affective, cognitive, and behavioral consequences of suicidal thought and behavior disclosures

## PRESENTATIONS

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Note: \* = authors equally contributed; † = undergraduate/graduate mentees

### INVITED TALKS

2. \* **Kobrin sky, V.**, \* O'Brien, C., & Ammerman, B.A. (2025, Mar). *The intersection of affective science, self-injury, and suicide research*. Invited speakers at the Center for Healthy Minds, University of Wisconsin-Madison.

1. \***Kobrinisky, V.**, \* Xu, I., & Ammerman, B.A. (2024, Nov). *Assessing and responding to suicide risk in research settings*. Invited speakers at the Paulsen Lab, Department of Neurology, University of Wisconsin School of Medicine and Public Health.

## PAPER PRESENTATIONS

4. Li, S.M., **Kobrinisky, V.**, Irani, K., & Liu, Q. (2025, Nov). *Intersectionality and youth suicide: A multilevel analysis of individual heterogeneity and discriminatory accuracy and LASSO-regularized logistic regression*. Paper accepted for presentation at the 59<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, New Orleans, Louisiana.
3. Li, S.M., **Kobrinisky, V.**, Bi, K., & Chen, M.S. (2025, Nov). *Differential predictors of suicidal ideation among bisexual and lesbian/gay populations*. Paper accepted for presentation at the International Summit on Suicide Research, Boston, Massachusetts.
2. **Kobrinisky, V.**, Ammerman, B.A., & Muehlenkamp, J.J. (2025, June). *Thinking and engaging: Temporal dynamics of proximal nonsuicidal self-injury (NSSI) and suicide risk markers*. Paper presented at the International Society for the Study of Self-Injury Annual Convention, Wellington, New Zealand.
1. Li, S.M., **Kobrinisky, V.**, Bi, K., & Chen, M.S. (2024, May). *Initial exploration of mechanisms contributing to differences in suicidal ideation between lesbian/gay and bisexual+ individuals*. Paper presented at the 3<sup>rd</sup> Annual Suicide Research Symposium.

## POSTER PRESENTATIONS

10. **Kobrinisky, V.**, Ammerman, B.A., & Siedlecki, K.L. (2025, Nov). *A latent profile analysis of affective heterogeneity and suicidal ideation history*. Poster accepted for presentation at the 59<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, New Orleans, Louisiana.
9. Xu, I., **Kobrinisky, V.**, Jacobucci, R., & Ammerman, B.A. (2025, Nov). *Smartphone sensing in suicide research: Does continuous monitoring alter phone use and provide additional information beyond EMA?* Poster accepted for presentation at the 59<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, New Orleans, Louisiana.
8. **Kobrinisky, V.**, & Ammerman, B.A. (2025, Nov). *Disclosure, crisis treatment, and stigma in digital intervention preferences for suicide risk*. Poster accepted for presentation at the International Summit on Suicide Research, Boston, Massachusetts.
7. O'Brien, C., **Kobrinisky, V.**, & Ammerman, B.A. (2025, Apr). *Exploring predictors of nonsuicidal self-injury (NSSI) frequency levels and the moderating role of pain tolerance*. Poster presented at the 97<sup>th</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
6. †Glennon, G., **Kobrinisky, V.**, & Siedlecki, K.L. (2025, Mar). *Examining mediators of the relationship between subjective age and cognition*. Poster presented at the Eastern Psychological Association Annual Meeting, New York City, New York.
5. **Kobrinisky, V.**, & Ammerman, B.A. (2024, Nov). *Initial suicide-related disclosure characteristics, motivations, and outcomes based on sexual orientation*. Poster presented at the 58<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
4. **Kobrinisky, V.**, & Siedlecki, K.L. (2024, May). *Examining multidimensional emotion regulation processes in PTSD symptoms and suicidal behaviors*. Poster presented at the Integrative Project Showcase, Teachers College, Columbia University, New York City, New York.

3. **Kobrin sky, V.**, Aminoff, E.M., <sup>†</sup>Boros, M., Falzarano, F., Minahan Zucchetto, J., Yazdani, N., Sergio, J., Bloom, R.F., & Siedlecki, K.L. (2023, May). *COVID-19 illness and cognitive functioning in a community-dwelling sample of adults*. Poster presented at the Association for Psychological Science Annual Convention, Washington, District of Columbia.
2. **Kobrin sky, V.**, <sup>†</sup>Leqola, A., Sergio, J., & Siedlecki, K.L. (2022, Mar). *The temporal relationship between depressive symptoms and self-rated health across adulthood*. Poster presented at the Eastern Psychological Association Annual Meeting, New York City, New York.
1. **Kobrin sky, V.**, & Siedlecki, K.L. (2021, Nov). *Mediators of the relationship between adverse childhood experiences (ACEs) and symptoms of anxiety, depression, and suicidality among adults*. Poster presented at Harvard University's Women in Psychology Summit.

## RESEARCH EXPERIENCE

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- 2024 – **Affect, Suicide, Self-Injury, and Social Triggers (ASSIST) Lab**, University of Wisconsin-Madison  
 Present *Doctoral Student Researcher | PI: Brooke A. Ammerman, Ph.D.*
- 2023 – **Suicide Prevention – Training, Implementation, and Evaluation (SP-TIE) Program**, The New York State Psychiatric Institute and Columbia University Department of Psychiatry  
 Present *Graduate Research Assistant | PI: Christa D. Labouliere, Ph.D.*
- Evaluate safety plans developed through the Suicide Safer Pathway (AIM-SP Model) by 4,500 clinicians across New York State outpatient clinics (2R56MH112139-06).
  - Deliver evidence-based training and feedback to outpatient clinicians and peer counselors on the implementation of safety plans for clients presenting with high suicide risk.
- 2024 – **International Society for the Study of Self-Injury (ISSS), Collaborative Research Program**  
 2025 *Doctoral Student Researcher | PI: Jennifer J. Muehlenkamp, Ph.D.*
- 2022 – **Memory & Aging Lab**, Fordham University  
 2024 *Lab Manager | PI: Karen L. Siedlecki, Ph.D.*
- Coordinated study design, IRB applications, participant recruitment and scheduling, and data collection.
  - Managed ( $N = 4$ ) datasets, including data entry, cleaning, coding, scoring, and analyses using SPSS, AMOS, and PROCESS Macro.
  - Led lab meetings discussing ongoing projects, training initiatives, and methodological research practices.
  - Trained, supervised, and co-mentored 21 undergraduate research assistants.
- 2022 – **Laboratory for Clinical and Developmental Studies**, Teachers College, Columbia University  
 2024 *Graduate Research Assistant | PI: Christine B. Cha, Ph.D.*
- Conducted baseline clinical and suicide risk assessments for an ecological momentary assessment study (2R15MH113076-02A1) examining prospection in suicidal adolescents.
  - Processed and managed data for two studies, including the transcription of audio recordings, data entry, cleaning, coding, and scoring.
  - Trained 19 graduate research assistants in clinical interviewing, suicide risk assessment and management, crisis intervention, and mandatory reporting protocols.

- 2021 – **Social Thinkers Lab**, Fordham University  
 2024 *Research Assistant* | *PI: Selin Gülgöz, Ph.D.*
- Coordinated a study examining social power and gender identity development in ( $N = 38$ ) children.
  - Conducted literature reviews; assisted with data cleaning, coding, and analysis in R and SPSS; trained undergraduate research assistants.
- 2020 – **Memory & Aging Lab**, Fordham University  
 2022 *Undergraduate Research Assistant* | *PI: Karen L. Siedlecki, Ph.D.*
- Co-designed and collected data for an experimental study examining the influence of COVID-19 illness on cognitive and mental health functioning among ( $N = 481$ ) adults.
  - Contributed to literature reviews and data management; co-authored a peer-reviewed manuscript.

## SERVICE RECORD

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### LEADERSHIP

2021 – 2022 Chapter Executive Board Student Representative, *Phi Beta Kappa*

### PANELIST

2023 Panelist, Applying to Graduate School in Psychology, *Social Thinkers Lab, Fordham University*

### ADDITIONAL SERVICE

2024 – Present Mentor, *NextGen Psychology Scholars Program*

2025 Mentor, *National Science Foundation (NSF) Psychology Research Experience Program*

## REVIEWING EXPERIENCE

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### AD-HOC REVIEWING

*BMC Psychiatry*

*Journal of Child & Adolescent Trauma*

## CLINICAL EXPERIENCE

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- 2019 – 2024 **Ocean Pediatrics**, Brooklyn, NY  
*Pediatric and Adolescent Medical Assistant*  
 Supervisor: Elliot Vayner, M.D.
- Assisted primary care physicians in assessing physical and psychological health; conducted clinical intakes, mental health screenings, suicide risk assessments, and safety planning interventions; managed insurance authorizations; coordinated psychoeducation and mental health stigma reduction workshops for youth; led school-based mental health awareness and community engagement events.

## VOLUNTEER EXPERIENCE

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- 2020 – 2024 **Crisis Text Line**  
*Crisis Counselor Volunteer*
- 2021 **Alvord, Baker, & Associates, L.L.C.**, Cognitive-Behavioral Summer Treatment Program, Kensington, MD  
*Student Counselor*  
 Supervisors: Kelly O'Brien, Ph.D., & Veronica Raggi, Ph.D.

## PROFESSIONAL CERTIFICATIONS

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- 2023 **Columbia Suicide Severity Rating Scale (C-SSRS) Training Certificate**, *Research Foundation for Mental Hygiene (RFMH)*
- 2023 **Certified Opioid Overdose Responder**, *NYC Department of Health and Mental Hygiene*
- 2022 **Counseling on Access to Lethal Means Training Certification**, *Zero Suicide Institute*
- 2022 **Preventing Suicide in Emergency Departments Training Certificate**, *Zero Suicide Institute*
- 2022 **Child Abuse and Maltreatment Mandated Responder**, *NYS Office of Children and Family Services*
- 2021 **Human Research; Responsible Conduct of Research Course; Social/Behavioral Research Course**, *Collaborative Institutional Training Initiative (CITI) Program*
- 2020 **Crisis Counselor Certification**, *Crisis Text Line*

## SELECTED SKILLS

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**Programming Language:** R, Python

**Statistical Software:** Mplus, SPSS, Amos, PROCESS Macro, Dedoose, G\*Power

**Web-Based:** REDCap, Qualtrics, Pavlovia, Amazon Mechanical Turk, ResearchMatch, Canva

**Suicide Risk Assessments:** Columbia Suicide Severity Rating Scale (C-SSRS); Ask Suicide-Screening Questions (ASQ); University of Washington Risk Assessment Protocol (UWRAP); Suicide Assessment Five-Step Evaluation and Triage (SAFE-T)

**Suicide Interventions:** Stanley-Brown Safety Planning Intervention (SPI); Crisis Response Planning (CRP)

**Languages:** English (Native/Bilingual Proficiency), Russian (Native/Bilingual Proficiency)

## PROFESSIONAL AFFILIATIONS

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Society for Digital Mental Health

Altman Clinical and Translational Research Institute

Society for Implementation Research Collaboration

Association for Behavioral and Cognitive Therapies; Suicide and Self-Injury Special Interest Group (SIG); Dissemination and Implementation Science Special Interest Group (SIG)

International Society for the Study of Self-Injury

Association for Psychological Science

Eastern Psychological Association

American Psychological Association

Psi Chi, The International Honor Society in Psychology