

**Supplemental Material**  
**Self-Injury Social Reactions Questionnaire**

The following is a list of behaviors that other people responding to a person with non-suicidal self-injury often show. Please indicate how often you experienced each of the listed responses from other people by selecting the appropriate number next to each item, where 0 = *never*, 1 = *rarely*, 2 = *sometimes*, 3 = *frequently*, 4 = *always*.

How other people responded...

<b>1.</b> Pulled away from you	0	1	2	3	4
<b>2.</b> Told you that you are just trying to get attention	0	1	2	3	4
<b>3.</b> Told others about your behavior without your permission	0	1	2	3	4
<b>4.</b> Distracted you with other things	0	1	2	3	4
<b>5.</b> Offered to help you get medical care	0	1	2	3	4
<b>6.</b> Made you promise to stop engaging in the behavior	0	1	2	3	4
<b>7.</b> Treated you differently in some way that made you uncomfortable	0	1	2	3	4
<b>8.</b> Tried to take control of what you did/decisions you made	0	1	2	3	4
<b>9.</b> Focused on his/her own needs and neglected yours	0	1	2	3	4
<b>10.</b> Told you to go on with your life	0	1	2	3	4
<b>11.</b> Encouraged you to seek counseling	0	1	2	3	4
<b>12.</b> Told you that you should feel ashamed because of your behavior	0	1	2	3	4
<b>13.</b> Avoided talking to you or spending time with you	0	1	2	3	4
<b>14.</b> Made decision or did things for you	0	1	2	3	4
<b>15.</b> Said they feel personally wronged by your behavior	0	1	2	3	4
<b>16.</b> Told you to stop thinking about it	0	1	2	3	4
<b>17.</b> Listened to your thoughts and feelings	0	1	2	3	4
<b>18.</b> Saw your side of things and did not make judgements	0	1	2	3	4
<b>19.</b> Told you that you could have done more to prevent your behavior	0	1	2	3	4
<b>20.</b> Acted as if you were “damaged goods” or somehow different now	0	1	2	3	4
<b>21.</b> Treated you as if you were a child or somehow incompetent	0	1	2	3	4
<b>22.</b> Expressed so much anger about your behavior that you had to calm them down	0	1	2	3	4
<b>23.</b> Told you to stop talking about it	0	1	2	3	4

<b>24.</b> Showed understanding of your experiences and feelings	0	1	2	3	4
<b>25.</b> Told you that you are just trying to manipulate others	0	1	2	3	4
<b>26.</b> Told you that you were acting irresponsibly	0	1	2	3	4
<b>27.</b> Minimized the importance or seriousness of your experience	0	1	2	3	4
<b>28.</b> Said he/she knew how you felt when he/she really did not	0	1	2	3	4
<b>29.</b> Got so upset that he/she needed reassurance from you	0	1	2	3	4
<b>30.</b> Tried to discourage you from thinking about your behavior	0	1	2	3	4
<b>31.</b> Was able to really accept your experience	0	1	2	3	4
<b>32.</b> Spent time with you	0	1	2	3	4
<b>33.</b> Told you that you did not do anything wrong	0	1	2	3	4
<b>34.</b> Made a joke or sarcastic comment about this type of experience	0	1	2	3	4
<b>35.</b> Made you feel like you didn't know how to take care of yourself	0	1	2	3	4
<b>36.</b> Said they feel you're tainted by your behavior	0	1	2	3	4
<b>37.</b> Encouraged you to keep your behavior a secret	0	1	2	3	4
<b>38.</b> Believed you were trying your best	0	1	2	3	4
<b>39.</b> Provided information and discussed options	0	1	2	3	4

## Self-Injury Social Reactions Questionnaire Scoring Instructions

### **Negative Reactions Factor**

*Items:* 1, 2, 3, 4, 6, 7, 10, 11, 12, 13, 14, 15, 19, 20, 21, 22, 23, 25, 26, 27, 28, 29, 30, 34, 35, 36, 37

*Scoring:* Sum all items and divide by 27

### **Tangible Aid Factor**

*Items:* 5, 8, 8, 16, 39

*Scoring:* Sum all items and divide by 5

### **Emotion Support Factor:**

*Items:* 17, 18, 24, 31, 32, 33, 38

*Scoring:* Sum all items and divide by 7